

BELOW IS OUR ENTIRE CLASS SCHEDULE.

MONDAY

- + TAEKWONDO
KIDS
5:30 PM – 6:30 PM

TUESDAY

- + TINY TIGERS
AGES 4-6
4:30 PM – 5:15 PM
- + BRAZILIAN JIU-JITSU
KIDS & TEENS
5:30 PM – 6:15 PM
- + BRAZILIAN JIU-JITSU
ALL RANKING ADULTS
6:30 PM – 8:00 PM
- + BRAZILIAN JIU-JITSU
ADVANCED TECHNIQUE
8:00 PM – 8:30 PM

WEDNESDAY

- TAEKWONDO
KIDS
5:30 PM – 6:30 PM

THURSDAY

- + TINY TIGERS
AGES 4-6
4:30 PM – 5:15 PM
- + BRAZILIAN JIU-JITSU
KIDS & TEENS
5:30 PM – 6:15 PM
- + BRAZILIAN JIU-JITSU
ALL RANKING ADULTS
6:30 PM – 8:00 PM
- + BRAZILIAN JIU-JITSU
ADVANCED TECHNIQUE
8:00 PM – 8:30 PM

FRIDAY

- BRAZILIAN JIU-JITSU
ALL RANKING ADULTS
6:30 PM – 8:00 PM

SATURDAY

- + BRAZILIAN JIU-JITSU
OPEN MAT
10:00 AM – 11:00 AM
- + NO-GI WRESTLING
KIDS & TEENS
2:00 PM – 3:00 PM
- + TAEKWONDO
KIDS
3:30 PM – 4:30 PM

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SINCE

